



Our Mission

Amethyst fosters a culture of recovery, empowering women and families in a safe, sober community.

Person-Centered Philosophy

Amethyst recognizes that women in addiction treatment have unique needs that must be addressed holistically in order for them to heal appropriately. We seek to empower women and their children by helping them build healthy relationships, secure permanent housing and gain economic stability, as all of these factors contribute to a successful and lifelong recovery.

Culture

Amethyst was founded for women by recovering women with a collective wisdom, passion and purpose to provide an authentic, uncompromising culture for holistic, life-changing recovery from substance abuse.



Purpose

Amethyst focuses on single women and reuniting families by offering recovery in an integrated, family-centered environment to give women and children collective hope and the opportunity to truly break the cycle of poverty and addiction.

Recovery

Amethyst's model of care addresses the root causes for addiction in an atmosphere of respect and dignity, where women are encouraged to have a voice, participate in the recovery process and experience true transformation to get and stay sober.

Leading Change

Grounded in honoring our heritage and pioneering heroines, we have broken barriers and set new standards of gender-competent treatment that has transformed lives and reformed communities, while advocating tirelessly for women's issues and eliminating the stigma of addiction.

REFERRAL & ENTRY PROCESS

Call (614) 242-1284

Who We Serve

Amethyst serves women who struggle with drugs or alcohol and are ready to make a change to live a better life. We understand that trauma, poverty, homelessness, lack of education and employment, and legal issues all make recovery a challenge. Our services are abstinence based, trauma-informed, and gender competent to support women through the recovery process and stand with them as they reach for their dreams.

Assessment

Call Amethyst and make an appointment for assessment, which takes about two hours. This service determines if addiction is the primary problem and makes sure the services offered meet the woman's needs. If a different level of care or service is needed appropriate for Amethyst, she is referred to an orientation session and entry level programming.

Orientation

At this group, women complete basic intake paperwork, learn about the Amethyst community, admission process and requirements, meet staff and clients and ask questions.

Entry Level

Women learn about the disease of addiction, as well as the basic skills for relapse prevention and receive peer support. Individual counseling and case management are available as needed. Active and appropriate attendance and participation is required for admission to housing and long-term services. Depending on the client's individual needs, this process can take from two to four weeks.

Documents That May Be Needed

- Homeless Verification Letter (provided by shelter or other program/institution)
- Birth Certificate (self and children, if applicable)
- Social Security Card (self and children, if applicable)
- Picture ID
- Police Report

Printing Courtesy of



30 YEARS OF
SAVING LIVES
CHANGING LIVES
REUNITING
FAMILIES



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Where Recovery Lives

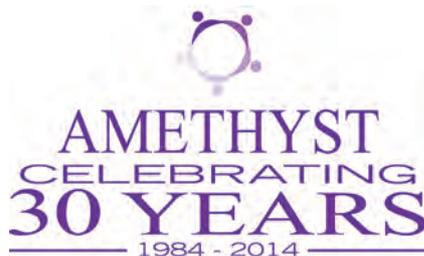


Permanent Supportive Housing

Amethyst provides permanent and transitional housing units that are supported through HUD subsidies for rent and utilities and require that supportive services be a component of the living arrangement. Amethyst provides a housing environment that is abstinence-based, creating an environment free from alcohol, tobacco or other drugs for women and their children allowing them to build on their future.

Long-Term Recovery Program Integrated with Housing

While women are in safe, sober housing, they are expected to be involved in intensive outpatient treatment for alcohol and other drug addiction. The recovery goals include a variety of groups, individual sessions and assignments, individualized for each client. The person-centered plan is designed from a menu of services based in holistic care.



455 East Mound Street
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Services Provided in the Long-Term Recovery Program

- Self-Help/Peer Support Groups
- Case Management
- Home Management/Life Skill Development (grocery shopping, budgeting and household management)
- Intensive, Long-Term Alcohol and Drug Treatment, including Tobacco
- Trauma Counseling
- Mental Health Services
- Family Counseling
- Parenting, Nutrition and Health Education



- Emergency Babysitting
- Afterschool Programming
- Therapeutic Summer Camp
- Physical Health Services and Linkages (including a primary health provider and referral for HIV/AIDS/STI testing)
- Personal Financial Planning
- GED/HS Diploma Attainment Support



- Linkage to Post-Secondary Education
- Employment Readiness Services
- Transportation Assistance and Bus Passes
- Material Assistance (food, clothes, personal items, furnishings)
- Benefit Enrollment
- Introductions to Community Resources (library, public parks, community-wide events)



Outpatient
Treatment &
Services

SAFETY

Whether people, places or situations, S.T.A.R. helps each woman identify the triggers that increase the risk that she will jeopardize her safety and use alcohol and other drugs.

TREATMENT

Drawing upon 30 years of women-centered addiction treatment, our counselors will create a personalized course of treatment that will be monitored and evaluated regularly.

RECOVERY

Amethyst sees hope and promise in each woman who crosses our threshold. Our comprehensive treatment program ensures that every woman has the potential to heal and achieve wellness.

Frequently Asked Questions

What is S.T.A.R.? A woman-to-woman outpatient program. See below for some commonly asked questions and decide if S.T.A.R. is right for you.

What is the time commitment? This is a six-month program which meets two times a week for two hours each session. Individual sessions are scheduled as needed.

How can I get enrolled? Call Amethyst and make an appointment to attend a two-hour assessment session.

What are the requirements? Participants MUST attend group and several 12-step meetings weekly.

By participating in S.T.A.R., will I get trauma and mental health support/individual counseling? Referrals can be made for mental health/trauma support both within Amethyst and with other community partners.

By participating in S.T.A.R., will someone help with my legal issues/custody? Referrals and contact information for other agencies can be made to assist participants with these issues. With your permission, your counselor can speak directly to your probation officer or children's service worker.

Is there help to find employment? Your recovery is the number one priority. Referrals to Amethyst's Employment Specialist will be made with support from your counselor.

